Women’s Program

Recovery Engagement Access Coaching Healing Program

For more information about DMHAS funded programs for women, contact our Recovery Navigator or visit:

https://www.ct.gov/dmhas

Jennifer Foss
jfoss@thevillage.org
959-333-0068
Andover, Bolton, East Hartford, Ellington, Glastonbury, Hartford, Hebron, Manchester, Marlborough, South Windsor, Stafford, Tolland, Vernon, Wethersfield

Stephanie Perez
Bilingual (English/Spanish) Navigator
sperez@thevillage.org
959-333-0063
Bloomfield, East Granby, East Windsor, Enfield, Granby, Hartford, Rocky Hill, Somers, Suffield, Windsor, Windsor Locks
Note: Covers ALL 37 towns for Spanish speakers

Sara Piatti
spiatti@thevillage.org
860-707-3990
Avon, Berlin, Bristol, Burlington, Canton, Farmington, Hartford, Kensington, New Britain, Newington, Plainville, Plymouth, Southington, West Hartford, Simsbury

Our mission is “to build a community of strong, healthy families who protect and nurture children.”

The Village for Families & Children
1680 Albany Ave, Hartford, CT, 06105
860-236-4511

There is no “wrong way” to contact us. Contact the Women’s REACH navigator in your community for assistance.

For more information about The Village’s programs:

www.TheVillage.org

Made possible by funding from DHMAS
Program Overview

The Women’s REACH Program is designed to provide outreach, engagement, case management, recovery coaching, community connections to treatment, and recovery support resources to women, especially those who are pregnant or parenting.

Services

Our program provides female Recovery Navigators for pregnant or parenting women with substance use or co-occurring disorders, such as depression or bipolar disorder.

Through their personal knowledge of the recovery community, each Navigator helps connect women to services aimed at enhancing their recovery journey and supporting their goals as they develop a safe support network.

Community Outreach

Women’s Recovery Navigators spend most of their time in the community reaching out to and engaging with women, establishing and maintaining community connections, and facilitating relationships between the two.

These Navigators help women develop collaborative relationships with community-based medical and behavioral health providers, including birthing hospitals, recovery programs, DCF and the Office of Early Childhood.

In addition, Navigators help women access the services they need to develop personal recovery support networks and become successful mothers.

Our Navigators are meant to enhance clinical services, not to replace them.

Plan of Safe Care

We’re here to support women and their health care providers in developing a Plan of Safe Care, which is meant to be a community safety net for families affected by substance use. Ideally, this plan is established during pregnancy, prior to child welfare involvement.

Plans of Safe Care cover:

Physical health

- Pre-natal & post-partum care
- Support with breast feeding
- Medication and pain management
- Reproductive health, including contraception and pregnancy planning

Behavioral health

- Engagement, treatment, recovery supports and retention
- Treatment for partner/other family members

Infant health and development

- High risk follow-up care, with referral to specialty care
- Developmental screening and assessment, linkage to early intervention services
- Childcare and educational programs

Parenting/family support

- Coordinated case management
- Home Visiting/Head Start
- Housing, employment support, child care and transportation