Convenience Care Clinics

Sinus infection. Rash. Earache. Minor burn. These are all reasons you’d want to see your doctor. But what if your doctor isn’t available to see you? When you need face-to-face routine medical care, but can’t wait for an appointment, consider using a convenience care clinic (not to be confused with Urgent Care Centers). You can get quick, convenient access to quality medical care at a lower cost than urgent care. A convenience care nurse practitioner or a physician’s assistant can treat you for a range of minor illnesses and provide routine vaccinations. You can find convenience care clinics in grocery stores, pharmacies and other retail stores.

A convenient care clinic can be used for:

**Conditions**
- Acne
- Allergies
- Athlete’s foot
- Bladder infection (UTI)
- Bronchitis
- Chickenpox
- Chlamydia
- Cold sores
- Deer tick bite
- Ear infection
- Flu symptoms
- Impetigo
- Laryngitis
- Minor burns, rashes or skin infections
- Minor sunburn
- Mononucleosis (mono)
- Pink eye and styes
- Poison ivy
- Pregnancy test
- Ringworm
- Sinus infection
- Strep throat
- Swimmer’s ear
- Swimmer’s itch
- Wart removal

**Injections and immunizations**
- Birth control
- DTap (diphtheria, tetanus, pertussis)
- Influenza (flu shot)
- Hepatitis A and B
- HPV (human papillomavirus)
- Polio
- Meningitis
- MMR (measles, mumps, rubella)
- Pneumonia
- Td (tetanus, diphtheria)
- Tdap (tetanus, diphtheria, pertussis)
- Typhoid
- Zostavax (shingles)
To find a convenience care clinic near you, go to myCigna.com or call the toll-free number on your Cigna ID card.

### MinuteClinic

Look for a MinuteClinic® in CVS/pharmacy®, Cub Foods® and QC in these states:
- Arizona
- California
- Connecticut
- District of Columbia
- Florida
- Georgia
- Hawaii
- Illinois
- Indiana
- Kansas
- Kentucky
- Louisiana
- Maine
- Maryland
- Massachusetts
- Michigan
- Minnesota
- Missouri
- Nebraska
- Nevada
- New Hampshire
- New Jersey
- New Mexico
- New York
- North Carolina
- Ohio
- Oklahoma
- Pennsylvania
- Rhode Island
- South Carolina
- Tennessee
- Texas
- Virginia
- Wisconsin

### Healthcare Clinic (Formerly Take Care)

These walk-in health care clinics are available in Walgreens® drugstores in these states:
- Arizona
- California
- Colorado
- Delaware
- Florida
- Indiana
- Kansas
- Kentucky
- Mississippi
- Missouri
- Nevada
- New Jersey
- Ohio
- Pennsylvania
- Tennessee
- Texas

### The Little Clinic

Found in Kroger™ and Publix™ stores in these states:
- Arizona
- Colorado
- Georgia
- Indiana
- Kentucky
- Mississippi
- Ohio
- Tennessee
- Texas
- Virginia
- Wisconsin

### RediClinic

Find a RediClinic in H-E-B® and Rite Aid stores in these states:
- New Jersey
- Pennsylvania
- Texas
- Washington

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