Accessing
Self-help EAP Benefits

LOG IN & REGISTRATION
STEP-BY-STEP INSTRUCTIONS

1. Log on to www.theEAP.com

2. Click the Member Login button.

3. If you’ve already created a User Name and Password, simply enter that information in the appropriate boxes. If you have not registered, complete steps 4-5.

4. Click on REGISTER.

5. Fill out the Registration Form and create your own User Name and Password, then click REGISTER. You only need to register once.