

# MEMBER CARD



**TotalCare**  
**EAP**

*A division of ESI*

Confidential help for life's challenges.



*Scan to explore  
benefits!*

**800.252.4555**

**theEAP.com**

Call the EAP for the help you need:  
**800.252.4555** | **theEAP.com**

**Confidential, free  
professional assistance  
for you and your  
family members**

**24/7/365**

Stress  
Financial  
Legal  
Caregiving  
Substance Abuse  
Professional Development