

# Keep your eyes peeled for valuable coverage and savings.

Make the most of your Vision plan.



With your vision plan from Cigna Healthcare<sup>SM</sup>, you and your covered family members have convenient access to quality vision care, including coverage for routine eye exams and, in many cases, glasses and/or contact lenses. We're here to help you make the most of it all.

## Get your routine eye exam.

Your routine eye exam is one of the easiest ways to help catch health issues – such as glaucoma, cataracts and age-related macular degeneration – before they become more serious and costly.

**Quick tip:** It's important to get your eyes dilated during your exam. This can help spot certain eye diseases, including the early stages of diabetes.

## Schedule your children's eye exams too.

Children may get a vision test at school or at their pediatrician's office, but these exams might not catch a serious eye disorder. That's why it's important to have your child visit an eye doctor, such as an optometrist or ophthalmologist. These specialists can help check your child's vision and eye health.

**Did you know?** One in four children has a vision problem that can affect their learning.\*



Cigna Healthcare offers one of the largest specialty networks of optometrists, ophthalmologists and nationally recognized eye care retailers.\*\*

## Stay in-network.

You'll save the most money if you pick an eye doctor from Cigna Healthcare's large vision network. And you'll have lots of choices.

**Keep in mind:** If you choose a doctor who's not in the network, you'll have to pay the total amount due at your appointment. To get reimbursed, you'll need to submit a vision claim form with an itemized receipt. You can find the claim form on **myCigna.com**<sup>®</sup> on the "Forms Center" page. The whole amount may not be covered. You're responsible for paying any charges not covered under your plan.

## Find an eye doctor

There are three easy ways to find a quality in-network eye doctor in your area:

- Go to **myCigna.com** > Coverage > Vision > Visit Cigna Vision > Find an eye care provider.
- If you don't have access to **myCigna.com**, go to **Cigna.com**<sup>®</sup> > Find a Doctor > Employer or School > Additional Resources > Cigna Vision Directory (Served by EyeMed).
- Call the toll-free number on your Cigna Healthcare ID card and talk with a customer service representative.

## Have questions?

Our customer service representatives can help you find a doctor and answer any questions you might have about coverage and claims.

Call the toll-free number on your Cigna Healthcare ID card to talk with a customer service representative anytime.



\* 20/20 Onsite. "Children's Eye Health: 5 Powerful Eye Statistics Every Parent Should See". March 24, 2021.  
<https://www.2020onsite.com/blog/childrens-eye-health-5-powerful-eye-statistics-every-parent-should-see>.

\*\* NetMinder. April 1, 2020. The Ignition Group makes no warranty regarding the performance of the data and the results that will be obtained by using it.

Product availability may vary by location and plan type and is subject to change. All group vision insurance policies and vision benefit plans contain exclusions and limitations. For costs and complete details of coverage, see your enrollment materials. The eye care professionals and facilities that participate in the vision network from Cigna Healthcare are independent practitioners solely responsible for the treatment and services provided to their patients. Eye care professionals are not agents of Cigna Healthcare.

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