



**CONVENIENCE.
CHOICE.
SAVINGS.**

With Cigna Vision, you'll get more of what you're looking for.





GET MORE OF WHAT YOU'RE LOOKING FOR.

A Cigna Vision plan is so much more than an eye exam. It's savings, styles and benefits that help you stay on top of your vision and overall health. Get ready to see more of what life has to offer.

More choices

Every doctor in our vision network is carefully selected. This gives you the flexibility to choose from the right mix of independent, national and regional retail providers, including **LensCrafters®**, **Pearle Vision®** and **Target Optical®**. Plus, we offer in-network options with online providers that include **LensCrafters.com®**, **Ray-Ban.com®**, **Glasses.com®**, **TargetOptical.com®** and **contactsdirect.com®**.

More convenience

myCigna.com® gives you 24/7 access to your Cigna Vision plan. Here you can view benefit details, claims, provider locations and more. And, since many providers offer extended evening and weekend hours, you can get care when it works for you.

More styles

Choose nearly any frame, lens or contact lens – including frames from popular designer brands, such as Armani, Coach, Ray-Ban, DKNY and more.¹

More savings

Cigna Vision offers an average savings of 55% on exams and 45% on glasses and contacts. You'll also get up to 40% off additional pairs of glasses plus a 20% discount on nonprescription sunglasses.²

More support

You'll have access to top-rated and award-winning customer service.³

1. All brands may not be available at all provider locations.

2. Discounts only available at participating in-network providers. Does not apply to discount plans.

3. "Purdue University," Benchmark Portal. "BenchmarkPortal Announces The Top Ranking 2020 Top Contact Centers Contest Winners." Purdue University. 2020. <https://resources.benchmarkportal.com/contact-center-articles/2020-top-contact-centers-contest-winners>.

YOUR EYES DO MORE THAN HELP YOU SEE.

They're also great indicators of your overall health. So, getting routine eye exams is a great way to stay ahead of any potential health issues before they become more serious and costly to treat.

Yearly eye exams can help:⁴

Spot health problems sooner

Early signs of diabetes, high blood pressure, high cholesterol, heart disease,⁵ cataracts and glaucoma can be spotted during a routine eye exam.

Prevent eye strain

Every day, we spend hours staring at phones, laptops and tablets. All of this exposure can put strain on our eyes and may be linked to blurred vision, dry eye and headaches.⁶

Avoid vision creep

Your eyes are always changing (you probably don't even notice it). Our network doctors can track even the slightest changes with the latest in digital exam technology and retinal imaging.

Protect your eyes

UV rays can cause cataracts, macular degeneration, vision loss and eye sunburn, even in winter. The right sunglasses can easily block 99% of these rays, helping to protect your eyes.⁷





Questions about Cigna Vision?

Reach out to your HR representative today.



4. This information is for educational purposes only. It's not medical advice. Always ask your doctor for appropriate examinations, treatment, testing and care recommendations.

5. Mukamal, R. "20 Surprising Health Problems an Eye Exam Can Catch." American Academy of Ophthalmology. April 29, 2022. <https://www.aaopt.org/eye-health/tips-prevention/surprising-health-conditions-eye-exam-detects>.

6. Erdinest, N. and Berkow, D. "Computer Vision Syndrome." Harefuah, 2021 Jun;160(6):386–392. <https://pubmed.ncbi.nlm.nih.gov/34160157/>.

7. American Academy of Ophthalmology. "Buying Sunglasses? Read This First." July 20, 2021. <https://www.newswise.com/articles/buying-sunglasses-read-this-first>.

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Product availability may vary by location and plan type and is subject to change. All group health insurance policies and health benefit plans contain exclusions and limitations. For costs and details of coverage, review your plan documents or contact a Cigna representative.

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